Causal inference: for statistics, social, and biomedical sciences

Chapter 7: Regression methods for completely randomized experiments

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In this section, we maintain an assumption of a completely randomized experiment.

- Consider models for the observed outcomes.
- The average treatment effect is a parameter of the statistical model (linear model in this section).
- The estimates with finite samples are consistent, that is, converge to the true average causal effect.

# The LRC-CPPT cholesterol data

Later, we will use LPC-CPPT (Lipid Research Clinics Coronary Primary Prevention Trial) data from a randomized experiment.

- For 337 individuals,  $N_t = 165$  are treated randomly (received cholestyramine) and  $N_c = 172$  are controlled.
- Variables
  - Pre-treatment
    - chol1: initial cholesterol level
    - cho12: cholesterol level after a communication about benefits of a low-cholesterol diet
    - ▶  $cholp = 0.25 \cdot chol1 + 0.75 \cdot chol2$
  - Post-treatment
    - cholf: cholesterol level averaged over 2 month for 7.3 years
    - chold = cholf cholp
    - comp: taken dose of either treatment or placebo.

We will see the differences induced by the treatment (or placebo).

The super-population average treatment effects

This section introduces some notations.

- Assume we have N random samples from the super-population.
- ▶ Also denote  $N_t$  the number of treated individuals, and  $N_c$  the number of controlled individuals with  $N = N_t + N_c$ .
- ► Abbreviate "fs" as finite sample and "sp" super-population.
- ▶ Then, for average effects of the treatment,

$$\tau_{fs} = \frac{1}{N} \sum_{i=1}^{N} \left( Y_i(1) - Y_i(0) \right) \text{ for finite sample,}$$
(1)

and

$$au_{sp} = \mathbb{E}_{sp} \left( Y_i(1) - Y_i(0) \right)$$
 for super-population.

#### The super-population average treatment effects

For means and variances of Y|X, Y, and X, and for the average causal effects, we denote as the followings.

#### Linear regression with no covariates

- ▶ Let  $W_i \in \{0, 1\}$  the indicator for the receipt of treatment, and  $Y_i^{obs}$  the observed outcome of the *i*th individual.
- ▶ For the model, we consider a linear regression function as

$$Y_i^{obs} = \alpha + \tau \cdot W_i + \epsilon_i$$

where  $\epsilon_i$  is the unobserved error independent to  $W_i$ .

The least squares estimate of τ is interpreted as an estimate of the causal effect of the treatment:

$$\hat{\tau}^{ols} = \frac{1}{N_t} \sum_{i:W_i=1} Y_i^{obs} - \frac{1}{N_c} \sum_{i:W_i=0} Y_i^{obs}$$

• Moreover,  $\hat{\tau}^{ols}$  is unbiased for  $\tau_{fs}$  as well as  $\tau_{sp}$ .

Linear regression with no covariates

Estimates of  $\hat{\tau}_{ols}$  variances under

• Homoskedasticity  $(\sigma_{Y|W}^2 = \sigma_c^2 = \sigma_t^2)$ :

$$\hat{\mathbb{V}}^{homosk} = \frac{s^2}{N_c} + \frac{s^2}{N_t} \tag{2}$$

• Heteroskedasticity ( $\sigma_c^2 \neq \sigma_t^2$ ):

$$\hat{\mathbb{V}}^{hetero} = \frac{s_c^2}{N_c} + \frac{s_t^2}{N_t} \tag{3}$$

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## Linear regression with additional covariates

The key insight is that, by randomizing treatment assignment, the super-population correlation between the treatment indicator  $W_i$  and the covariate  $X_i$  is 0.

For the model, we consider a linear regression function with additional covariates as

$$Y_i^{obs} = \alpha + \tau \cdot W_i + X_i\beta + \epsilon_i$$

where  $X_i$  is a row vector of covariates and  $\epsilon_i$  is the unobserved error.

## Linear regression with additional covariates

Consistency of least squares estimators

•  $\tau^{ols} \rightarrow \tau_{sp}$  in probability.

$$\sqrt{N}\left(\hat{\tau}^{ols} - \tau_{sp}\right) \to \mathcal{N}\left(0, \Sigma\right)$$

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for some  $\Sigma$ .

As the last one, we consider a linear regression function with additional covariates as

$$Y_i^{obs} = \alpha + \tau \cdot W_i + X_i\beta + W_i \cdot (X_i - \bar{X})\gamma + \epsilon_i$$

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where  $\epsilon_i$  is the unobserved error.

We compute the unit-level causal effect of ith individual as the following two cases.

▶ Treated, i.e., W<sub>i</sub> = 1

Ŷ<sub>i</sub>(0) = â<sup>ols</sup> + X<sub>i</sub>β̂<sup>ols</sup>: predicted
Y<sub>i</sub>(1): observed
\hat{\tau}\_i = Y\_i(1) - Ŷ\_i(0) = Y\_i^{obs} - (â<sup>ols</sup> + X\_iβ̂<sup>ols</sup>)

▶ Controlled, i.e., W<sub>i</sub> = 0

Y<sub>i</sub>(0): observed
Ŷ<sub>i</sub>(1) = â<sup>ols</sup> + î<sup>ols</sup> + X<sub>i</sub>β̂<sup>ols</sup> + (X<sub>i</sub> - X̄)î<sup>ols</sup> - Y<sub>i</sub><sup>obs</sup>: predicted
\hat{\tau}\_i = Ŷ\_i(1) - Y\_i(0) = â<sup>ols</sup> + î<sup>ols</sup> + X<sub>i</sub>β̂<sup>ols</sup> + (X<sub>i</sub> - X̄)î<sup>ols</sup> - Y<sub>i</sub><sup>obs</sup>

Consistency of least squares estimators

▶  $\tau^{ols} \rightarrow \tau_{sp}$  in probability.

$$\sqrt{N}\left(\hat{\tau}^{ols}-\tau_{sp}\right)\to\mathcal{N}\left(0,\Sigma\right)$$

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for some  $\Sigma$ .

We can estimate the overall average treatment effect  $\tau_{fc}$  by averaging the estimates of the unit-level causal effects  $\hat{\tau}_i$ .

$$\hat{\tau}^{ols} = \frac{1}{N} \sum_{i=1}^{N} \hat{\tau}_i$$

$$= \frac{1}{N} \sum_{i=1}^{N} \left( W_i \left( Y_i(1) - \hat{Y}_i(0) \right) + (1 - W_i) \left( \hat{Y}_i(1) - Y_i(0) \right) \right)$$
(4)

Thus we can conclude that the least squares estimator \(\tilde{\tau}^{ols}\) can be interpreted as averaging estimated unit-level causal effects.

Transformations of the outcome variable

One can be interested in the average effect of the treatment on a *transformation* of the outcome.

► For example, assume

$$\ln(Y_i^{obs}) = \alpha + \tau W_i + X_i \beta + \epsilon_i.$$
(5)

Then, least squares estimates of  $\tau$  are consistent for the average effect  $\mathbb{E}(\ln(Y_i(1)) - \ln(Y_i(0)))$ .

## The limits on increases in precision due to covariates

Including covariates in the linear regression model would increase the precision of the estimator for the average treatment effect.

▶ 
$$N \cdot \mathbb{V}_{nocov} = \frac{\sigma_c^2}{1-p} + \frac{\sigma_t^2}{p}$$
: with no covariates  
▶  $N \cdot \mathbb{V}_{bound} = \frac{\mathbb{E}_{sp}(\sigma_c^2(X_i))}{1-p} + \frac{\mathbb{E}_{sp}(\sigma_t^2(X_i))}{p}$ : with additional covariates

The difference between the two variances are:

$$\mathbb{V}_{nocov} - \mathbb{V}_{bound} = \frac{\mathbb{V}_{sp}(\mu_c(X_i))}{1-p} + \frac{\mathbb{V}_{sp}(\mu_t(X_i))}{p}.$$
 (6)

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 Additional covariates X<sub>i</sub> increase the precision and decrease the variance.

## Testing for the presence of treatment effects

In addition, not only estimating average treatment effect, but we can also test for the presence of treatment effects.

$$H_{0}: \mathbb{E}_{sp} (Y_{i}(1) - Y_{i}(0) | X_{i} = x) = 0, \forall x,$$
  
vs.  
$$H_{a}: \mathbb{E}_{sp} (Y_{i}(1) - Y_{i}(0) | X_{i} = x) \neq 0, \text{ for some } x.$$
(7)

## Estimates for LRC-CPPT cholesterol data

Here, we return to the LRC-CPPT cholesterol data and look at estimates for two average effects: (1) the effect on cholf, and (2) the effect on comp.

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► For detailed descriptions of variables, please revisit 7.2.

# Estimates for LRC-CPPT cholesterol data

- Including more covariates in model improves the precision.
- Estimates of \(\tau\) are negative for all cases, that is, treatment reduces cholesterol levels.

Covariates	Effect of Assignment to Treatment on			
	Post-Cholesterol Level		Compliance	
	Est	(s.e.)	Est	(s.e.)
No covariates	-26.22	(3.93)	-14.64	(3.51)
cholp	-25.01	(2.60)	-14.68	(3.51)
chol1, chol2	-25.02	(2.59)	-14.95	(3.50)
chol1, chol2, interacted with $W$	-25.04	(2.56)	-14.94	(3.49)

 Table 7.2. Regression Estimates for Average Treatment Effects for the PRC-CPPT Cholesterol Data from Table 7.1

#### Estimates for LRC-CPPT cholesterol data

#### Transformed cholesterol levels (logarithm).

 Table 7.3. Regression
 Estimates
 for
 Average
 Treatment
 Effects
 on

 Post-Cholesterol Levels
 for the PRC-CPPT
 Cholesterol Data from Table 7.1
 The PRC-CPPT
 Cholest

Covariates	Model for Levels		Model for Logs	
	Est	(s.e.)	Est	(s.e.)
Assignment	-25.04	(2.56)	-0.098	(0.010)
Intercept	-3.28	(12.05)	-0.133	(0.233)
chol1	0.98	(0.04)	-0.133	(0.233)
chol2-chol1	0.61	(0.08)	0.602	(0.073)
chol1 × Assignment	-0.22	(0.09)	-0.154	(0.107)
(chol2-chol1) × Assignment	0.07	(0.14)	0.184	(0.159)
R-squared	0	.63	0.:	57

# Conclusion

Linear regression models with complete randomization for three cases:

Section	Covariates	Interactions	
7.4	Х	Х	
7.5	0	Х	
7.6	0	0	

- The randomization is a necessary condition for the consistency of the least squares estimator.
- A bridge from exact results based on randomization inference to the model-based methods: we will see in the next chapter.